HEALING A SHATTERED HOCK

Integrative Recovery with Herbs, Microcurrent & Pranic Healing®

Linda Wagner and Liza Burney

A feisty mini with a huge attitude takes on a 1,300 pound horse ... an unfortunate kick and the mini's hock is shattered. With the healing knowledge of medicinal herbs, Keneeka's owner, Linda Wagner of Wild Horse Mountain Farms, Inc., Liza Burney of PranaHorse, and the team of veterinary practitioners at Oregon State University, Keneeka the mighty mini makes a full recovery and is as spunky as ever!

ugust 31, 2016 OSU Diagnosis: "subluxation of distal intratarsal joint with comminuted fractures of 3rd and fused 1st/2nd tarsal bones with chip fracture of the 4th tarsal bone; mild to moderate osteoarthritis of the right distal intratarsal joint."

Sept 2, 2016: Linda's Facebook page:

"Keneeka got herself into some big trouble this week. She got kicked in turn out and has a shattered right hock. The vet is guardedly optimistic and Keneeka will be in 3 different casts over 3 months. I've brought her herbs to help fight off laminitis and she loved her garden fresh chamomile and dandelions."

Day 1

The veterinarians determined that Keneeka's hock was too severely shattered to surgically restore. The choices were euthanasia or attempt to stabilize her hock with a full-length leg cast.

W W W . H O L I S T I C H O R S E . C O M

Keneeka with a cast

One of Linda's first calls was to Liza Burney, Certified Pranic Healer. Pranic Healing is a no-touch energy healing modality, based on the same principles as acupuncture, which can be applied in distance healing situations. In Keneeka's case, the immediacy of the first Pranic Healing session was critical to establish a strong foundation for healing.

Linda's vast knowledge of herbs allowed her to select the right combination for Keneeka to reduce inflammation and encourage healing. As Keneeka was on banamine twice a day, Linda used supportive herbs such as Slippery Elm to help coat the digestive tract, fenugreek and powdered Aloe vera leaf for soothing and anti-inflammatory and to help prevent stomach ulcers.

Regenerating Bone

The body has the ability to heal itself. Pranic Healing provides the energy "fuel" for accelerated healing by clearing out old, stagnant energy blocking the healing process, and replacing it with fresh, vital energy. The



Keneeka during microcurrent therapy



"Broken Bone" protocol is designed to reduce the time needed for bone to heal.

Herbs used were boneset (bone pain), comfrey (bone, cartilage and soft connective tissue healing), and nettle (high in iron and vitamin C), which provide essential nutrients to strengthen the healing process.

Linda also began microcurrent therapy, which improves communication between cells and reduces inflammation. This process involves attaching electrical leads to various parts of the body, and running a current through wires to the leads. Linda chose to treat and support the kidneys. She also placed microcurrent pads on the soles of both hind hooves, to aid the healing of the hocks and defend against laminitis.

Focus on the Hoof

It was critical to support the load-bearing leg and hoof, and to maintain the integrity of the laminae. Liza used the Pranic Healing protocols for "Cleansing the Blood" and "Reducing Inflammation." These, plus the "Broken Bone" protocol were repeated regularly. Keneeka was receiving 60 to 90 minute Pranic Healing sessions every day.

Linda chose herbs such as comfrey, cleavers, chamomile, and Echinacea for their anti-inflammatory

qualities. Nettle and hawthorn helped strengthen the blood vessels and stimulate circulation. Dandelion helped cleanse the liver and kidneys. Burdock and Calendula helped to cleanse the tissues, eliminate toxins, and protect against gastric ulcers.

As Keneeka was on antibiotics, Liza used the "Strengthening the Immune System" protocol, focusing on the lymphatic and cellular reproduction systems.

Emotional Support / Stress Reduction

It's well documented that a positive outlook promotes better recovery. Pranic Healing recognizes that our energy body includes an emotional level and can provide energetic support using the "Clearing Energy of Trauma" protocol. Liza also used the protocols for "Clearing Depression Energy and Anxiety/Stress" to help induce a state of relaxation and avoid stress-related colic.

Linda administered Valerian root to relieve stress, anxiety and to relieve possible stomach cramps and colic symptoms.

30+ days post-accident

October 9, 2016: Linda's Facebook page:

"I was finishing [Keneeka's] microcurrent treatment . . .



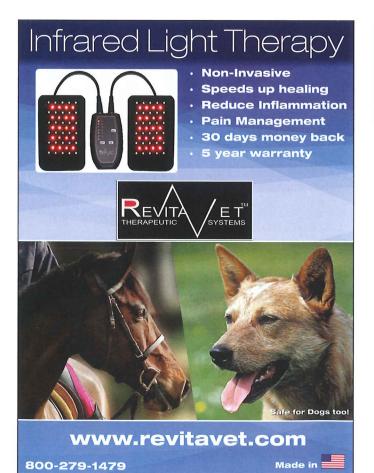
when she suddenly made a dash past me to freedom! My mini has been in a cast for 6 weeks ... and all I can see is her furry little butt cantering down the barn and heading for the pasture ...

"One part of me wanted to laugh at this peg legged pony cantering along, and part of me was excited that she had, the spirit and will to accomplish her escape. The other part is horrified that she may have caused further damage. The last thing the vet instructed was to KEEP HER QUIET and DO NOT GET HER CAST WET!!!! Guess Keneeka didn't get the memo ... Oh Keneeka you are such a monkey!!!"

Two months post-incident, the vets cleared Keneeka to start physical therapy, walking 50 meters/day very slowly. The good news was there was no damage from her "dash to freedom" (just a slightly elevated heart rate for Linda)!

On Dec. 21, 2016, after three and a half months, the cast and all wrapping came off.

Jan 7, 2017, Excerpts from Linda's Facebook page: First time out in the arena after 4 months in stall. Started bucking and kicking." https://youtu.be/-6x1tEKlmAY





Feb 15, 2017, Excerpts from Linda's Facebook page: Deb, my equine osteopathic body worker is giving Keneeka her very first session. Deb could not believe how great her range of motion is and how well Keneeka's hock has healed."

It has been over a year since the injury, and Keneeka has made a 100 percent recovery. Watch the video of her jumping like a total pro at HolisticHorse.com https://youtu.be/Zdzy7DTnoJk.

It's good to know that both western veterinary medicine and complementary healing practices can join seamlessly to support emotional wellness, accelerate physical healing and prevent ulcers, laminitis, and other complications.

Linda Wagner of Wild Horse Mountain Farms, Inc., teaches Horsemanship Foundation and Liberty work to children and adults. Linda's love for the ancient art of healing with medicinal herbs, along with microcurrent and Pranic Healing, and the skilled treatment of great veterinarians, have proven to be a winning wellness combination at her farm. Visit www.wildhorsemountainfarms.com

Liza Burney is a Certified Pranic Healing Instructor, and has a full-time energy healing practice working with people and animals. She is located in Portland, OR, and has clients all over the country and the world. Learn more about Pranic healing at www.heart-to-heart-healing.com or www.pranahorse.com.